



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc./M.A.+Ph.D (Clinical Psychology)
Semester III (Batch 2021-2023)

| COURSE CODE | CATEGORY | COURSE NAME | TEACHING & EVALUATION SCHEME | | | | | | | | |
|-------------|----------|------------------------------|------------------------------|---------------|----------------------|-------------------------|----------------------|---|---|---|---------|
| | | | THEORY | | | PRACTICAL | | L | T | P | CREDITS |
| | | | END SEM University Exam | Two Term Exam | Teachers Assessment* | END SEM University Exam | Teachers Assessment* | | | | |
| MSCLPSY 301 | CC | Advanced Clinical Psychology | 60 | 20 | 20 | 30 | 20 | 2 | 0 | 2 | 3 |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objective (CEOs):

CEO 1: Know the role of Clinical Psychologist in Different Fields.

CEO 2: Familiarity with Different models & perspectives of clinical psychology

CEO 3: Understand the Methods of Evaluating Clinical Intervention, Problems Involved in Evaluation of Clinical Intervention

CEO 4: Familiarity with the Application & practical approach in clinical psychology

CEO 5: Remember the roles and functions of clinical psychologists

Course Outcome (Cos): The students should be able to:

CO 1: Understand the role of Clinical Psychologist in different areas.

CO 2: Explore applied side of Clinical Psychology

CO 3: Identify application & practical approach in clinical psychology

CO 4: Explore different career options in clinical psychology

CO 5: Identify various types of tests in clinical use

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MSCLPSY301
Advanced Clinical Psychology

Contents

Unit I

Introduction of Clinical Psychology: Meaning, Nature, Brief History, Development of Clinical Psychology in India, Role/Scope of Clinical Psychologist in Different Fields.

Unit II

Perspectives of Clinical Psychology: Motivational Perspective, Structural Perspective, Developmental Perspective, and Biological Perspective, Adaptational Perspective, Ecological Perspective.

Models of Clinical Psychology: Psychodynamic Model, Behavioral Model, Learning Theory Model, Phenomenological Model and Interpersonal Model.

Unit III

Clinical Assessment: Meaning, Nature, Components, Purpose, Stages/Process of Clinical Assessment.

Techniques of Clinical Assessment: Case Study Technique, Clinical Interview, Clinical Observation Technique.

Unit IV

Test in Clinical Use: Role of psychological test in psycho-diagnosis.

Different tests in clinical use: WAIS, MMPI, TAT, Rorschach test

Unit V

Clinical Intervention: Course, Methods, and Problems Involved in Evaluation of Clinical Intervention.

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List of Practical: (Any Five)

- PGI Health Questionnaire
- Clinical Analysis Questionnaire Manual
- TAT
- Personality Assessment Profile
- Cornell Medical Index Health Questionnaire
- Rorschach Inkblot Test
- Field studies

Recommended Readings:

- Korchin, S.J. (1976). **Modern Clinical Psychology**. CBS Publication, Delhi.
- Wolman, B.B. (ed.) (1975). **Handbook of Clinical Psychology**. New York: McGraw-Hill.
- Goldenberg, H. (1983). **Contemporary Clinical Psychology** (2nd Ed.) New York.
- Wolman, B.B. (1978). **Clinical Diagnosis of Mental Disorders: A Handbook**. N.Y. Plenum.
- Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). **Introduction of Clinical Psychology** (5th Ed.). New Jersey: Prentice Hall.
- Sundberg, N.D., Winebarger, A.A. & Taplin, J.R. (2002). **Clinical Psychology: Evolving Theory, Practice and Research**. Upper Saddle River, N.J.: Prentice-Hall.

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| MSCLPSY 302 | CC | Psychopathology | 60 | 20 | 20 | 30 | 20 | 2 | 0 | 2 | 3 |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1: To understand the different classification systems in psychopathology
- CEO2: To explain psychotic disorders in detail.
- CEO3: To gain an understanding of normal vs abnormal sexual behaviours and disorders.
- CEO4: To evaluate different feeding and eating disorders and understand their treatment.
- CEO5: To learn about different substance use disorders and the rehabilitation process.

Course Outcomes (COs): The student will be able to:

- CO1: Classify psychological disorders as per the standard system of classification i.e. DSM5 and ICD -11.
- CO2: Elaborate the schizophrenia spectrum disorders and other associated psychotic disorders.
- CO3: Evaluate different sexual behavior patterns and the issue of normality vs abnormality.
- CO4: Categorize the feeding and eating disorders for better diagnosis and intervention.
- CO5: Develop an understanding of substance use disorders and come up with new intervention programs for the betterment of society.

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MSCLPSY302
Psychopathology

Contents

Unit I

Classification systems in Psychopathology: ICD-11 and DSM-5; Psychiatric History and Mental Status Examination

Unit II

Schizophrenia Spectrum and Other Psychotic Disorders – Schizophrenia, Schizoaffective Disorder, and Brief Psychotic Disorder.

Unit III

Sexual Disorders: Normal Sexuality and Sexual Response Cycle, Sexual Dysfunctions, Paraphilic Disorders, Gender Dysphoria

Unit IV

Eating disorders – Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and Other Eating Disorders.

Unit V

Substance Use and Related Disorders – Alcohol, Opioid, Hallucinogen, Tobacco, and Cannabis related disorders

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| MSCLPSY 302 | CC | Psychopathology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 2 | 3 |

List of Practical: (Any Five)

- Problem Check List
- Fear Check List
- Anorexia Test
- Sexual Attitude Scale
- Cornell Medical Index Health Questionnaire
- Defense Mechanism Inventory
- Mental Depression Scale

Recommended Readings:

- Barlow, D.H. & Durand, V.M. (1995). **Abnormal Psychology**. Brooks Cole Publishing Company.
- Barlow, D. H. & Durand, V. M. (1999). **Abnormal Psychology: An Integrative Approach**(2nd Ed). Pacific Grove: Brooks/Cole.
- Benjamin J. Sadock, Virginia Alcott Sadock, Pedro Ruiz (2015): **Kaplan & Sadock's Synopsis of Psychiatry** (11th Ed.)
- Buss. A. H. (1999). **Psychopathology**. New York: John Wiley.
- Bootzin, R.R. & Acocella, J.R. & Alloy, L.B. (6th Edition). **Abnormal Psychology**. New York: McGraw Hill.
- Carson, R. C., Butcher, J. N., & Mineka, S. (2001). **Abnormal psychology and modern life**(11th Ed.). New York. Allyn and Bacon.

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| MSCLPSY 303-E1 | DSE | Media Psychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1: To acquaint the effect of media on culture.
- CEO2: To develop a critical vision about the role of psychology in media.
- CEO3: To study the link between advertisement and human psychology.
- CEO4: To learn the impact of media on human behavior.
- CEO5: To know the social effect of media on human psyche.

Course Outcome (Cos): The students will be able to:

- CO1: Describe key concepts in psychology and its depiction in the media
- CO2: Explain the underlying psychological processes and mechanisms.
- CO3: Develop an understanding about advertisement and human psychology
- CO4: Analyze the impact of media on human behavior
- CO5: Demonstrate the relationship between social media and human behavior.

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| MSCLPSY 303-E1 | DSE | Media Psychology | 60 | 20 | 20 | 30 | 20 | 3 | 0 | 0 | 3 |

MSCLPSY303- E1
Media Psychology

Unit I

Understanding mass media; Challenges, Issues in Media psychology; Culture and Media; Ethics and regulation of Media, Stress and Health in the Media

Unit II

Digital Technology: Audio-Visual media: TV and movies and Print media; Nature and their impact; Challenges in Media Development: fantasy Vs reality, socialization, stereotyping; Case studies in the Indian context.

Unit III

Advertising and Media: Effective programme development in advertising and Media; Promotions and campaigns in Media; Case studies in the Indian context.

Unit IV

Emerging technologies: Virtual social media and interactive media; Gaming Issues of internet addiction, Role of media and human behavior, Relationship between personality and media.

Unit V

Media and its effects: media violence and aggression in youth, prosocial effects of media exposure, Para social and online social relationships

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| MSCLPSY 303-E1 | DSE | Media Psychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

Recommended Readings:

- Dill, K.E. (2009). **How Fantasy becomes Reality Seeing Through Media Influence**. New York: Oxford University Press.
- Giles, D. (2003). **Media Psychology**. New Jersey: Lawrence Erlbaum Associates Publishers.
- Haugtvedt, C. P., Herr, P. M., & Kardes, F. R. (Eds.). (2008). **Handbook of Consumer Psychology**. NY: Psychology Press.
- Jansson-Boyd, C. V. (2010). **Consumer Psychology**. England: Open University Press..
- Kirsh, S.J. (2006). **Children Adolescents and Media Violence**. New York: Sage.
- Wood, R.N. (1983). **Mass Media and Individual**. Minnesota: Woods.

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| MSCLPSY 303-E2 | DSE | Workplace Psychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1: To understand the theories of work psychology with respect to individual differences.
- CEO2: To gain knowledge of methods of personnel selection.
- CEO3: To understand attitude and behavior of people at work.
- CEO4: To explain decision making in team and group and workplace stress.
- CEO5: To understand organizational culture change, leadership, and career management.

Course Outcome (Cos): Students will be able to:

- CO1: Practice and research concepts of work psychology.
- CO2: Analyzing jobs, selection effectiveness in personnel selection.
- CO3: Assessing motivation behind attitude and behavior of people at work.
- CO4: To outline the workplace stressors, decision making in groups and team.
- CO5: Evaluate organizational culture change, leadership, and career management.

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| MSCLPSY 303-E2 | DSE | Workplace Psychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

MSCLPSY303- E2
Workplace Psychology

Contents

Unit I

Introduction to work psychology, Theories and practice in work psychology, Individual differences.

Unit-II

Personnel selection: analyzing jobs, competencies, and selection effectiveness; Assessment methods.

Unit III

Assessing people at work, attitudes at work, work behavior and work motivation.

Unit IV

Decisions, groups, and teams at work; Stress in the workplace

Unit V

Leadership, career management, and understanding organizational change and culture

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Recommended Readings:

- Collins, S. (2009). **Managing conflict and workplace relationship**, 2nd edition, USA
- Edelman, R. (2000). **Interpersonal conflict at work**, New Delhi Boland, M (2005) Sexual harassment in the Workplace, 1st Edition, USA
- Carroll, M. (2002). **Workplace Counselling** Sage Publications, New Delhi Gladding, S.L. (2010) **Psychology A Comprehensive Professions**. Pearson Publications, New Delhi.
- Rathus, S and Navid, J (2012). **Psychology and the Challenges of Life – Adjustment in the New Millennium**, John Wiley and Sons, USA
- Pareek, U. (2010). **Understanding organizational behavior**. Oxford: Oxford University Press.

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| MSCLPSY 303-E3 | DSE | Neuropsychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

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Course Educational Objective (CEOs):

- CEO1: To gain an understanding of the basics of human nervous system.
- CEO2: To explain the various methods of investigation in neuropsychology
- CEO3: To explain different neuropsychological assessments.
- CEO4: To outline different neurodegenerative disorders.
- CEO5: To understand deficits and recovery in brain injury.

Course Outcome (Cos): The students will be able to:

- CO1: Explain structure of nervous system and the process of neuronal communication.
- CO2: Elaborate the underlying mechanisms in methods of investigations used in neuropsychology.
- CO3: Develop a deeper understanding in areas of neuropsychological assessment and common neuropsychological tests.
- CO4: Evaluate and differentiate between different neurodegenerative disorders.
- CO5: Assess the concepts of brain injury and its classification and understand problems associated with stroke and its recovery.

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| MSCLPSY 303-E3 | DSE | Neuropsychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

MSCLPSY303-E3
Neuropsychology

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UNIT-I

Introduction to the Human Nervous System: Structure of Nervous System, Neuronal Communication – Resting Potential and Action Potential

UNIT -II

Methods of investigations: Electrophysiological- Single cell recording, EEG and ERP; Scanning and imaging –CAT, PET, MRI and fMRI.

UNIT-III

Neuropsychological assessment: Common Areas of Assessment, Luria Nebraska Neuropsychological Battery, and PGI Battery of Brain Behaviour Dysfunction.

UNIT-IV

Neurodegenerative disorders: Parkinson's, Alzheimer, Huntington

UNIT-V

Deficits, Recovery, Adaptation and Rehabilitation: Brain Plasticity, Brain Injury and its Classification, Stroke and Recovery.

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Semester III (Batch 2021-2023)

| COURSE CODE | CATEGO RY | COURSE NAME | TEACHING &EVALUATION SCHEME | | | | | | | | |
|-------------------|--------------|-----------------|-------------------------------|------------------|-------------------------|-------------------------------|-------------------------|---|---|---|---------|
| | | | THEORY | | | PRACTICAL | | L | T | P | CREDITS |
| | | | END SEM University Exam | Two Term Exam | Teachers Assessment* | END SEM University Exam | Teachers Assessment* | | | | |
| MSCLPSY 303-E3 | DSE | Neuropsychology | 60 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 3 |

Recommended Readings:

- Kolb, B., Whisaw, I. Q. (1990). **Fundamentals of neuropsychology**. New York: Freeman, W.H.
 - Naatanen, R. (1992). **Attention and brain function**. Hillsdale: LEA.
 - Parsuraman, R. (1998). **Attentive brain**. London: MIT Press.
 - Boller, F. & Grafman, J, (1988) **Handbook of neuropsychology**. New York: Elsevier.
 - Rapp, B. (Ed.) (2001). **The handbook of cognitive neuropsychology**. Chestnut Street: Psychology Press.
 - Gazzaniga, M. S. (2002). **Cognitive neuroscience: The biology of mind**(2nd Ed.). New York: W. W. Norton & Company.
- Mukundan, C. R. (2007) **Brain experience; The experiential perspectives of the Brain**. New Delhi: Atlantic Publisher..

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|-------------|----------|--------------------------|-----------------------------|---------------|----------------------|-------------------------|----------------------|---|---|---|---------|
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| | | | END SEM University Exam | Two Term Exam | Teachers Assessment* | END SEM University Exam | Teachers Assessment* | | | | |
| MSCLPSY 304 | P/D/I | Major Research Project-I | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 0 | 2 |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

MSCLPSY304
Major Research Project-I/
Dissertation

Course Educational Objectives (CEOs):

CEO 1: To train special degree the students in Counseling Psychology writing of their final year research proposals, with emphasis on research problems, hypotheses, literature review and research designs.

CEO 2: To enable the students to learn practical aspects of research.

CEO 3: To train the students in the art of behavioral science analysis and writing.

Course Outcomes (Cos):

At the successful completion of this course students will be able to:

CO 1: Review and analyze critically research in a specific area of clinical psychology.

CO 2: Acquire knowledge and competency in the design and completion of research studies in counseling psychology.

CO 3: Explain and apply skills in critical analysis Learned in the class room as well as through practical exposures methods and techniques of field research.

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|-------------|----------|-------------|------------------------------|---------------|----------------------|-------------------------|----------------------|---|---|---|---------|
| | | | THEORY | | | PRACTICAL | | L | T | P | CREDITS |
| | | | END SEM University Exam | Two Term Exam | Teachers Assessment* | END SEM University Exam | Teachers Assessment* | | | | |
| MSCLPSY 305 | P/D/I | Internship | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 0 | 4 |

Legends: **L** - Lecture; **T** - Tutorial/Teacher Guided Student Activity; **P** – Practical; **C** - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

MSCLPSY305
Internship

Each Student would be placed in the field of their chosen specialization at least for 30 days during the summer vacations. The internship would be carried out under the joint supervision of a supervisor and faculty supervisor. Students would produce documented evidence of their work.

Internship Report: Each student shall prepare a report on basis of guidelines provided by the supervisors and submit same to the supervisors for authentication and further evaluation.

****** The student will have to submit a detail report of internship program. The report should be written in American Psychological Association (APA) format.

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